



PRE-OP QUESTIONS

- **Is aesthetic surgery dangerous?**
No, but any surgical procedure always involves a small degree of risk.
- **Is aesthetic surgery durable?**
Most of the procedures give excellent, long lasting results, when performed correctly.
- **How much does a surgical procedure cost?**
It depends entirely on the type of procedure. Prices can vary between a few hundred francs up to and sometimes beyond CHF 10- 12,000.-
- **Is there a failure rate, in such procedures?**
A good patient, a correctly selected and prepared procedure, a surgeon with extensive experience, and there is practically never a problem.
- **Is my surgeon properly trained and certified?**
Yes, and he is also widely recognized in the field of aesthetic surgery. His long experience plays an important role in the quality of his aesthetic work.
- **Does aesthetic/plastic surgery have a good reputation today?**
More and more so, and occasional media reports also indicate that strict professional oversight structures are working effectively.
- **Does aesthetic surgery improve a person's self-esteem?**
Yes, markedly.
- **Is it normal for me to be feeling a little bit "guilty" about considering this option?**
Yes, this often happens, but it disappears as quickly as it came.
- **Is it normal to feel a little bit nervous before such an operation?**
Absolutely, as it is not an everyday thing in a person's life.
- **Will it be possible to see a "preview" of the results BEFORE the operation?**
For many types of procedures, our clinic can provide 3D modelling pre-operation, using the Swiss Crisalix 3D virtual reality system.
- **Will general or just local anaesthesia be used, for my operation?**
It depends entirely on the procedure.
- **Will the change in appearance be flagrant, or really dramatic?**
It depends entirely on the patient's wish. Very subtle changes or very extensive, anything is possible, and should be decided in consultation with your surgeon.
- **How long is the actual surgical operation, how much time in the operating room?**
It depends on the procedure. Between 30 minutes, up to 5 hours, approximately.
- **What kind of pain should I be expecting to feel?**
Little pain. We provide all the medical assistance necessary to mitigate any discomfort.
- **Will there be side-effects?**
Apart from a few small, practically-invisible scars in certain procedures, no.
- **I remember seeing terrible outcomes on some celebrities; how did those happen?**
Unrealistic or outlandish expectations on the part of some stars, poor surgeons, or both.
- **Is it safe to consider surgery while I am pregnant?**
No, and it should not be undertaken. Any serious surgeon will recommend waiting.
- **Will my health insurance cover my operation?**
You should always check first. Typically, it will cover function-related issues, but not aesthetic procedures.