

Gluteoplasty operation

Buttock augmentation with implants

Testimonial

On the web, more attention is usually given to unsuccessful or so-called problem operations. Satisfied patients tend to remain quiet and share their appreciation only with those around them, but rarely take the time to publish favourable comments. I considered it important, for this reason, to talk about my own positive experience.

For many years, as a relatively slim woman, I was dissatisfied with the shape of my backside, which was rather flat and shapeless. Buttocks should indeed be an attractive, erotic part of the human body, not drooping or flat as a board. I discussed the situation with Dr. Knutti, a well-known surgeon, and found out that modern, innovative buttock-surgery techniques could improve my situation. As a specialist in plastic, reconstructive and aesthetic surgery with many years of experience, and buttock-specific training in Brazil where such operations are an everyday procedure, Dr. Knutti provided the information I needed to make a sound decision.

The operation was performed in January, and two implants were inserted into the large gluteus muscle on each side, through a small incision which had already begun to heal after just ten days. I had been advised that I would be able to do light work again after about two weeks and that after one month, things would be back to normal. Things stayed right on schedule.

The procedure itself was relatively straightforward. I underwent only light sedation as the actual anaesthesia is done through an epidural (as used in childbirth). My stay at the clinic lasted two days and I was cared for by their very pleasant and competent nursing staff. As those first few days after the operation are the most critical, things must be kept meticulously clean and sterilised, so it is best for the patient's healing to be closely watched.

Now at last, I can wear jeans without feeling shy about it, and with the breast augmentation I had a few years ago, I can achieve my optimal size of 90-60-90, with normal exercise and good nutrition. I would recommend the operation, without reserve, to anyone with similar discomfort about their flat behind. The change has made me feel much more confident.

R.W., February 2015